



LASER HAIR REMOVAL POST-CARE

After Treatment Instructions

- Immediately after the treatments, there may be redness and bumps at the treatment area, which may last up to 24 hours. It is normal for the treated area to feel like sunburn during this time. For discomfort you may apply cold packs or aloe vera gel. Make sure there is no alcohol in the aloe vera gel. If any crusting occurs, apply antibiotic cream. Darker pigmented skin may have more discomfort than lighter skin people and may require the aloe vera gel or an antibiotic ointment longer.
- Do not apply makeup (unless medical grade mineral make up) for 24 hours. Do not apply makeup to any epidermal blistering until blisters are fully healed. It is recommended to use new makeup to reduce the possibility of infection.
- Avoid sun exposure to reduce the chance of dark or light spots for 2 months. Use sunscreen SPF 30 or higher at all times throughout the treatment and for 1-2 months following.
- DO NOT pick or scratch the treated skin as it may result in permanent scarring. DO NOT USE any other hair removal methods or products on the treated area during the course of your laser treatments, as it will prevent you from achieving your best results.
- You may shower after the laser treatments, and use soap, deodorant, etc. The treated area may be washed gently with a mild soap. Skin should be patted dry and NOT rubbed. You may apply deodorant after 24 hours. Aloe Vera or vitamin E may be applied for discomfort.
- Anywhere from 5-30 days after the treatment, shedding of the hair may occur and this may appear as new hair growth. This is not new hair growth, but dead hair pushing its way out of the follicle. You can help the hair exfoliate by washing or wiping with a washcloth.
- Hair re-growth occurs at different rates on different areas of the body. New hair growth may not occur for at least three weeks after treatment. A minimum of 5 weeks is required in between treatments.
- Call the spa with any questions or concerns or if you are experiencing signs of burning such as blistering, excessive redness with heat or prolonged pain.

Please note: Stubble, representing dead hair being shed from the hair follicle, may appear within 10-20 days from the treatment date. This is normal and will fall out.

By signing this form you agree to adhere to post care instructions.

Client/Guardian Signature (if under 18)

_____ Date _____

Witness Signature

_____ Date _____

Clinician Signature

_____ Date _____